



Yarnell Community Center
OPEN TO THE PUBLIC

www.YarnellCommunityCenter.org
Lunch Served M-F 11am to 12:30pm

Meals On Wheels
928-427-6347

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Grilled Sausage w/ Peppers and onions Garlic bread Salad Bar w/ fruit	2 Chicken Pot Pie Rolls Vegetable Salad Bar w/ fruit	3
4	5 Cheese Enchilada Beans and Rice Salad Bar w/ fruit <i>GAME NIGHT 4:00-6:30</i>	6 Arizona Burger Chips Vegetable Salad Bar w/ fruit Blood press chk 11-12 <i>TAI CHI 6 PM</i>	7 Baked Cod Scalloped Potatoes Vegetable Salad Bar w/ fruit	8 Chicken Tenders Rice Pilaf Vegetable Salad Bar w/ fruit	9 Meatloaf Mashed Potatoes Vegetable Salad Bar w/ fruit	10 Healing w/ horses 1pm
11	12 BBQ Ribs Baked Beans Corn on the cob Salad Bar w/ fruit <i>GAME NIGHT 4:00-6:30</i>	13 Lasagna Garlic Bread Vegetable Salad Bar w/ fruit Blood press chk 11-12	14 Beef Stroganoff Noodles Vegetable Salad Bar w/ fruit <i>Fun in the Kitchen 2 pm</i>	15 Turkey Stuffing w/ gravy Vegetable Salad Bar w/ fruit	16 Corned Beef Cabbage Red Potatoes Salad Bar w/ Fruit	17
18 Martial Arts 1 pm	19 <i>Pork Chops</i> <i>Rice</i> <i>Vegetable</i> <i>Salad Bar w/ fruit</i> <i>GAME NIGHT 4:00-6:30</i>	20 Goulash Vegetables Salad bar w/ fruit Blood press chk 11-12	21 Scalloped Potatoes and Ham Vegetable Salad Bar w/ fruit	22 Hot dogs w/ sauer Kraut Vegetable Salad Bar w/ fruit	23 Baked Chicken Mashed Potatoes Vegetable Salad Bar w/ fruit	24
25	26 Pot Roast Baked Potato Vegetable Salad Bar w/ fruit <i>GAME NIGHT 4:00-6:30</i>	27 Tilapia Rice Vegetable Salad Bar w/ fruit Blood press chk 11-12	28 Quiche Vegetable Salad Bar w/ fruit Fun in the Kitchen 2 pm	29 Chicken Sandwich Pinto Beans Vegetable Salad Bar w/ fruit	30 Pulled Pork Sandwich Tater Tots Vegetable Salad Bar w/ fruit	

SALAD BAR DAILY MENU SUBJECT TO CHANGE

Our program is partially federally funded and is operated in accordance with the U.S.D.A. policy prohibiting discrimination on the basis of race, color, sex, age, handicap, or national origin.

We are funded in part by YOUR DONATIONS, DES and AAA-NACOG