



**Yarnell Community Center**  
OPEN TO THE PUBLIC

www.YarnellCommunityCenter.org  
Lunch Served M-F 11am to 12:30pm

**Meals On Wheels**  
928-427-6347

**January 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat da
3	4 Meatloaf Mashed Potatoes & Gravy Salad Bar with Fruits & Veggies	5 Lasagna w/ meat sauce Salad Bar with Fruits & Veggies	6 Baked Chicken Peppers and Potatoes Salad Bar with Fruits & Veggies	7 Stuffed Peppers Rice Salad Bar with Fruits & Veggies	8 Chicken Creole w/ Cream Sauce & Rice Salad Bar with Fruits & Veggies	9
10	11 Sweet Italian Sausage w/ Onions & Peppers Garlic Bread Salad Bar with Fruits & Veggies	12 Quiche Salad Bar with Fruits & Veggies	13 California Cheeseburger French Fries Salad Bar with Fruits & Veggies	14 Baked Cod Au Gratin Potatoes Salad Bar with Fruits & Veggies	15 Chili Con Carne Bread Salad Bar with Fruits & Veggies	16
17	18 Green Enchiladas Beans Salad Bar with Fruits & Veggies	19 Stuffed Cabbage Rice Salad Bar with Fruits & Veggies	20 Chicken Tenders Sweet Potato Salad Bar with Fruits & Veggies	21 Sloppy Joes Potato Salad Salad Bar with Fruits & Veggies	22 Sweet & Sour Chicken Rice Salad Bar with Fruits & Veggies	23
24	25 Beef Stew Garlic Bread Salad Bar with Fruits & Veggies	26 Chicken Patty Sandwich Au Gratin Potatoes Salad Bar with Fruits & Veggies	27 Mac-n-Cheese Salad Bar with Fruits & Veggies	28 Tuna Casserole Salad Bar with Fruits & Veggies	29 Pork Steaks Potatoes & Gravy Salad Bar with Fruits & Veggies	30

**Low salt, sugar and fat guidelines are followed in our menus. SALAD BAR DAILY MENU SUBJECT TO CHANGE**

Our program is partially federally funded and is operated in accordance with the U.S.D.A. policy prohibiting discrimination on the basis of race, color, sex, age, handicap, or national origin.

**We are funded in part by YOUR DONATIONS, DES and AAA-NACOG**